



Bellarine Training & Community Hub



Term 2 Program 2021



The centre office is open from:

9am to 5pm Monday - Friday

Out of hours activities also take place, please see the program for details of the times and dates.

Enrolments can be taken over the phone on **5255 4294 using Bankcard, MasterCard, Visa Cards or in person at 1 John Dory Drive Ocean Grove.** Full payment must be made at time of enrolment or a \$200 non-refundable deposit is required on all Certificate II courses & above. Conditions apply, please see refund policy. (Unless negotiated with centre staff prior to enrolment). No class enrolment is deemed valid until payment has been received.

Should a class be cancelled due to a lack of enrolments or unforeseen circumstances, fees are refunded in full and the enrollee notified by phone. Clients wishing to withdraw from a course must do so prior to the commencement of the course. In this case, a refund will be issued with an administration fee of \$8 deducted. No refund will be issued once a course has commenced.

Clients who hold a concession card or health care card will receive a 10% discount on full fees. Children's courses, computer courses, funded courses and single sessions do not attract further discounts.

A full member of the Bellarine Training and Community Hub has the right to be elected to the committee of Management at the Annual General Meeting or where a vacancy exists on a current Committee. Full members also have a valid vote at the Annual General Meeting on any and all special resolutions or changes to the Constitution.

Cost of full membership for 2021 is \$10.00

The centre may rent rooms out on a weekly, fortnightly or monthly basis. If you require a room for your function or meeting, contact the centre for availability.

Cost:

Single room - **\$25 per hour**

Double room - **\$35 per hour**

Cost for not for profit organisations:

Single room - **\$20 per hour**

Double room - **\$30 per hour**

- Health & Fitness
- Cooking
- Art & Craft
- General Interest
- Languages
- Computers
- Preschool
- Primary School
- Youth Activities
- Accredited Training

Nationally Recognised Training...

Training is provided with Victorian Government funding. Those seeking funded places must meet the funding criteria to be eligible. Payment plans are available for all Certificate III and above courses. Students may be eligible for additional funding, Centrelink entitlements or JSA entitlements. A \$200 non-refundable deposit is required on enrolment for all full certificate courses. The following courses cover nationally accredited units therefore you are required to provide a Unique Student Identifier (USI) on enrolment.

To obtain your USI simply go to www.usi.gov.au

Provide First Aid (HLTAID003)

This course provides the learner with their Apply First Aid Level II and incorporates Level I and CPR. The certificate is current for 3 years; however, the student must complete CPR every 12 months for the certificate to remain valid. This course will develop skills in the learner to assist and support them when conducting first aid on an injured or sick person.

****This course is a one-day course so each participant is required to undertake the pre course enrolment which will take approximately 25 minutes.***

Venues

Ocean Grove - **Sat 10th April or**

Sat 1st May or

Sat 12th June

Fees

Full Fee - **\$130.00**

Fees include all text books and admin costs. NO MORE TO PAY.

Provider: Bellarine First Aid



Basic Food Safety (Use Hygienic Practices for Food Safety) SITXFSA001

Safe food handling skills are essential for all people working within the food industry of Australia. This course meets the workplace requirements in applied food handling and provides a pathway to completion of Certificate II or III in Hospitality.

Venue

Ocean Grove - **Sat 29th May 9am**

Fees

Full Fee - **\$130.00**

Fees include all text books and admin costs. NO MORE TO PAY.



Participate in Safe Food Handling Practices (Food Supervisor) SITXFSA00

This unit covers the performance outcomes, skills and knowledge required to handle food safely during the storage, preparation, display, service and disposal of food. It requires the ability to follow predetermined procedures as outlined in a food safety program. The unit applies to all organisations with permanent or temporary kitchen premises or smaller food preparation areas. It applies to food handlers who directly handle food during the course of their daily work activities. Businesses are required to designate a food safety supervisor who is required to be certified as competent in this unit through a registered training organisation.

Venues

Ocean Grove - this is an on demand course, please ring for enquiries.



Fees

Full Fee - **\$130.00**

Responsible Service of Alcohol Certificate (SITHFAB002)

This course covers all areas relating to the serving of alcohol in and around licensed premises and is essential if you plan to work in the hospitality industry. Participants receive a recognised certificate in RSA from Liquor Licensing Victoria.

Venues

Ocean Grove - **Sat 8th May 9am or**

Sat 19th June 9am

Fees

Full Fee - **\$70.00**



Hospitality Essentials

This comprehensive hospitality package which includes **Use Hygienic Practices for Food Safety SITXFSA001** **Responsible Service of Alcohol Certificate (SITHFAB002)** **Barrista Basics and Customer Service Skills** has been developed to give you the skills and certificates to fast track your career in the hospitality industry. This course includes barista and customer service training as well as Responsible Service of Alcohol and Safe Food Handling which are required certificates to work within most hospitality venues.

Venue

Dates and Times- Sat 29th May and 5th, 19th and 26th June 9am - 3.30pm

Sessions- 4 x 6.5 hours

Fees

Funded Fee - **\$300**

Concession Funded- \$250

Full Fee- \$440

Some of this training is provided with Victorian Government funding for eligible participants through Adult, Community & Further Education (ACFE). Those seeking funded places must meet the funding criteria to be eligible.



Cert III Individual Support (CHC33015) (Ageing, Home and Community)

This qualification reflects the role of workers in the community and/or residential setting who follow an individualised plan to provide person-centred support to people who may require support due to ageing, disability or some other reason. The work involves using discretion and judgment in relation to individual support. Workers have a range of factual, technical and procedural knowledge, as well as some theoretical knowledge of the concepts and practices required to provide person-centred support. Workers are required to obtain a current clear Victorian Police Check and Working with Children Check.

Venues

Ocean Grove - **Tues & Thurs starting 18th May**
Information Session -11th May 10am or
Ocean Grove - Mon, Tues + Wed evenings starting
3rd May
Information Session -26th April 10am or
Leopold- Thurs & Fri starting 6th May
Information Session -22nd April 10am

Fees

Funded - **\$800** / Concession - **\$516**
Full Fee - **\$4500**

Fees include all text books and admin costs. (Police check not included in price).



Certificate IV In Ageing (CHC43015)

This qualification applies to workers in residential facilities. These workers carry out activities related to maintaining an individual's wellbeing through personal care and/or other activities of living. Occupational titles may include but are not limited to: accommodation support worker, care team leader, care supervisor, residential care worker, support worker, day activity worker, assistant coordinator, or personal care worker.

Prerequisite modules apply for this course. Students must be working in a facility to complete this course.

Venues

Ocean Grove / Offsite

Fees

Funded - **\$850** / Concession - **\$538**
Full Fee - **\$3700**

Fees include all text books and admin costs. (Police check not included in price).



Certificate IV in Education Support (CHC40213)

This qualification reflects the role of workers in a range of education settings, including public and independent schools and community education settings, who provide assistance and support to teachers and students under broad based supervisions as integration aides or teachers' aides. Students are required to obtain a current clear Victorian Police Check and Working with Children Check card. If you have any concerns, please speak to our friendly staff.

Venues

Ocean Grove - **Mon + Tues starting 19th April**
Information Session -29th March 10am

Fees

Funded - **\$950** / Concession - **\$588**
Full Fee - **\$3800**

Fees include all text books and admin costs. (Police check and WWC not included in price).



Certificate IV In Disability (CHC43115)

This qualification reflects the role of workers in a range of community settings and clients' homes, who provide training and support in a manner that empowers people with disabilities to achieve greater levels of independence, self-reliance, community participation and wellbeing. Workers promote a person-centred approach, work without direct supervision and may be required to supervise and/or coordinate a small team. A current clear Victorian Police Check and Working with Children Check card are required.

Venues

Ocean Grove - **please call to register your interest**

Fees

Funded - **\$850.00** / Concession - **\$610.00**
Full Fee - **\$3800.00**

Fees include all text books and admin costs. (Police check and WWC not included in price).



Certificate IV in Leisure and Health (CHC43415)

This qualification reflects the role of workers participating in the design, implementation and evaluation of leisure, health activities and programs for clients in one or more sectors. Workers may be in residential facilities and/ or in community agencies and day centres, completing specialised tasks and functions in relation to leisure and health. A clear Victorian Police Check and Working with Children Check is required within this industry.

Venues

Offsite

Fees

Funded - **\$850** / Concession - **\$642**

Full Fee - **\$4000**

Fees include all text books and admin costs. (Police check and WWC not included in price).



Diploma of Youth Work (CHC50413)

This qualification reflects the role of people with responsibility for the development and outcome of programs and services for young people managed through a range of agencies and designed to meet the social, behavioural, health, welfare, developmental and protection needs of young people. This work may be undertaken through employment in the community, government and welfare sector.

Venues

Ocean Grove - **offsite**

Fees

Funded - **\$1050** / Full Fee - **\$5000**

Fees include all text books, First Aid certificates and admin costs. (Police check and WWC not included in price).



Diploma of Early Childhood Education and Care (CHC50113) – no prerequisites

This qualification reflects the role of early childhood educators who are responsible for designing and implementing programs within the child care field. This course covers all of the approved learning frameworks within the requirements of the education and care services national regulations and the national quality standards. The Diploma of Early Childhood Education and Care will be phased in as the minimum qualification for working within the child care field.

Venues

Ocean Grove - **Tues & Weds 6th May**

Information Session 20th April 10am

Fees

Funded - **\$1050** / Full Fee - **\$5000**

Fees include all text books, First Aid certificates, Management, Food Handling and admin costs. (Police check and WWC not included in price).



Diploma of Mental Health (CHC53315)

This qualification prepares you to provide services to clients in relation to mental health and wellbeing. It includes the knowledge and skills to provide person centred recovery, referral, advocacy, trauma informed practice and education/ health promotion services. The skills that you acquire as part of this course will enable you to work in a wide range of mental health programs, including group facilitation for people with a mental illness, case management, support work and crisis support management.

Venue

Ocean Grove – Tues & Wed 5th May

Information Session -20th April 10am or

Ocean Grove- Mon & Wed evenings 12th July

Information Session -16th June 6pm

Fees

Funded - **\$1050** / Full Fee - **\$5000**

Fees include all text books, and admin costs. (Police check and WWC not included in price).



Community Groups and Activities...

Walking Group

Meet at the Hub to walk with a small group around the local area. This is a great chance to meet new people and keep fit at the same time. New members welcome!

Time & Date Thursdays 9am

Fee: Free

Depression and Anxiety Support Group

Help break down the barriers. Join this group which meets to support each other and offer friendship to those with mental health issues. Various activities and guest speakers are scheduled throughout the term. The group meets weekly during the school term.

Time & Date Thursdays 1pm

Fee \$2.50 Per session

Book Club

Would you like to belong to a book club? This is a group for anyone who loves nothing more than getting lost in a good book. This is an informal club that will meet the second Friday of the month.

Time & Date Every second Fri of the month at 10am

Fees \$2.50 Per 2hr session -

UFOs (Unfinished Objects Craft Group)

Join in with other crafty women and finish off your craft projects or start a new one. Or come along and learn a new skill as these experienced crafters share their knowledge. This is a self-run women's group that enjoys a social chat over a cuppa and craft.

Time & Date Mondays 9.30am

Fees \$2.50 Per week



Primary School Children...

Kids Art Class

Young artists will experiment with a variety of new techniques and mediums such as drawing, painting, collage, stenciling, stamping and photography to construct a personal visual journal. A balance between direction and freedom, these classes are a rare opportunity for our children to express themselves creatively, become comfortable with their own abilities, skills and style and perhaps even develop valuable skills they need to feel comfortable to become more like their unique selves instead of always trying to be like everyone else. Materials list available on enrolment.

Time & Date Mondays 4pm from 1st February or Thursday 4pm from 4th February

Fees 8 x 1.5 hour sessions - \$135

Tutor Adie McDermott

Young Adults, 12-17 yrs...



Drop In / Youth Group

Welcome to Drop In the Bellarine's longest running youth group. Drop In provides a safe and supportive environment for young people to hang out, learn new skills, make new friends and have a fun Friday night. Activities range from surfing, bush walks, yoga for teens, camping, life-skills and team building games. If you're son or daughter is 12-17 years old then please contact us at reception@btach.com.au. We look forward to welcoming them to the group.

Time & Date Fri 6 - 9pm during school term

Fees Per week in house activities - \$5

External excursions approx - \$15

Computer Classes...

Some of this training is provided with Victorian Government funding for eligible participants through Adult, Community & Further Education (ACFE). Those seeking funded places must meet the funding criteria to be eligible.

Computers 1

If you're new or nervous about computers, this is the course for you! Learn how to use a mouse, get a clear understanding of what is the Internet, what is the Cloud, learn how to create Word documents, Excel spreadsheets, do a dash of graphic design with PowerPoint, and learn about and use email. Most importantly, learn how to resolve your computer questions or hiccups yourself after the course is over! The course is Windows-based, not Mac.

Time & Date Wednesdays 1pm from 5th May

Fees 8x 2.5 hour sessions (funded) - **\$100.00**

Tutor Leanne Mumford

Computer / iPad / Mobile Phone Help

Needing some help with your laptop, mobile phone or tablet / iPad? Come along to the Hub for some advice and problem solving help with an experienced volunteer. (by appointment only)

Time & Date Tuesdays 3pm Please ring 52554294 for an appointment

Fees \$2.50 Per week

Returning to Study Computer Skills

Would you like to return to study but need to brush up on your computer skills? This Returning to Study Computer skills course will provide you with the information and basic skills to assist you to succeed in higher education studies. Using Microsoft Word, you will learn how to format, save and submit your assessments. Further information and training about emailing, internet use, time management skills and goal setting will also be provided in this course which has been created to update learner skills and build confidence to help learners get the best head start for their future.

Time & Date Mondays 9am from 19th April

Fees 3x 6.5hr sessions - Full Fee \$215 Funded \$100

Concession Funded \$50 or if you are currently enrolled in one of our Certificate III or Diploma classes the course is free.

Tutor Alecia Clayton

Introduction To Excel

Excel allows you to develop computer records that involve calculations or comparisons. Examples include household budgets or spending and other financial data, including tax. It can also be used for record keeping related to health or fitness, e.g. blood pressure or sugar levels, DVD or CD collections, sports performance, weather or tide data, etc. This short course provides an introduction to spreadsheets and data entry and manipulation using MS Excel and Windows.

Tuesdays 4pm from 27th April

Fees 3x2 hour sessions- **\$65**

Tutor Barry White

Going Further With Excel

This course enables those with basic ideas about Excel to expand their skills in linking data within and between workbooks, transferring data to Word or PowerPoint, inserting other items into Excel, using more complex formatting and improving presentation of spreadsheets and graphs.

Tuesdays 4pm from 1st June

Fees 2x2 hour sessions **\$45.00**

Tutor Barry White

Getting to Know Your Digital SLR or Mirrorless Camera

Learn how to use your digital SLR or mirrorless camera to improve your photography. Topics covered will include: basic camera functions – menus and buttons; file formats – JPEG vs RAW; understanding and controlling exposure – aperture, shutter speed and ISO; understanding program/ auto, semi-automatic and manual exposure controls; metering modes, scene modes and picture settings; focusing; lenses and accessories. The course will also include critiques of participant photographs.

No background knowledge is required for this course.

What you will need:

A digital SLR or mirrorless camera.

Your camera manual – all camera makes and models are different so it is important that participants have a copy of their camera manual with them during the course.

Time & Date Thursdays 1pm from 22nd April or

Thursdays 6.30pm from 22nd April

Fees 4x 2hr sessions - \$90

Tutor Ian Smissen

Computer Classes con't

iPad & iPhone Refresher

If you're an iPad user here's your chance to catch up on the latest software improvements, many of the basic apps and also have time to ask those curly questions you've been trying to find the answers to. This course is set over two weeks. Just bring along your iPad or iPhone.

Time & Date Wed 10am from 5th May

Fees 2x 2hr sessions - \$45

Tutor Paul Jones

Intermediate iPad

Now that you pretty much know your way around your iPad, you're ready to take the next bite of that Apple. Amongst other things, learn how to: share photos easily, use the different cameras effectively, find the hidden screens, let Siri do all the work for you, manage your storage, create favourite folders in Safari, discover some tips and tricks to navigate through life and discover more.

Time & Date Wed 10am from 19th May

Fees 3x 2hr sessions - \$65

Tutor Paul Jones



Introduction to Mac Computers

So, you have your own Apple Mac laptop and would like to learn how to make the most of it! This course will enable you to find your way around the Mac, personalize the settings, organize your files and enhance your use of its calendar, address book, the web and email. It will also show you what other wonderful Mac programs are waiting for you to discover. Bring along your own laptop or even desktop – as long as it's a Mac.

Time & Date Wed 1pm from 19th May

Fees 4x 2hr sessions - \$90

Tutor Paul Jones

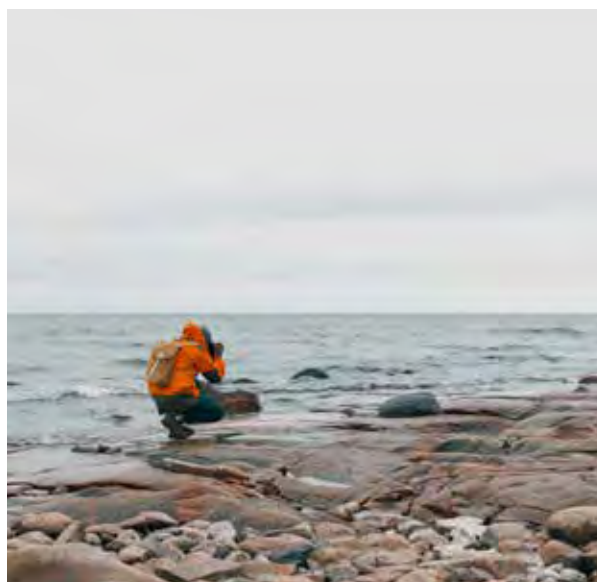


Photo Processing with Adobe Lightroom and Photoshop

This is an introductory course for photographers who want to learn how to manage, edit and process their photographs using Adobe Lightroom and Photoshop. We will focus on the use of the Library and Develop modules in Lightroom to manage and process photographs, including: importing and managing files; processing images using global and local adjustments – exposure, contrast, white balance, colour management, noise removal, sharpening, cropping. We will also look at the basic functions in Photoshop that can enhance what we do in Lightroom, including filters, layers and masking.

Pre-requisites and expectations of background knowledge

It is recommended that participants have photo files in RAW format. If you are a beginner with a digital SLR or mirrorless camera, please consider doing the course Getting to Know Your Digital SLR or Mirrorless Camera first.

Participants will be expected to have basic computer skills. No prior knowledge of Adobe Lightroom or Photoshop is expected.

What you will need

Participants will need to bring their own laptop computer with Adobe Lightroom and Photoshop pre-installed – please do this before the first class. These two software packages are available (for Mac or PC) as a combined Photography package from www.adobe.com/au/products/special-offers.html for \$AU14.29 per month and you can cancel your subscription at any time.

Time & Date Wednesdays 1pm from 26th May or

Wednesdays 6.30pm from 26th May

Fees 4x 2hr sessions - \$90

Tutor Ian Smissen

Photography...

Landscape Photography

This course is a general introduction to the topic of landscape photography. It is suitable for photographers who have a good understanding of their cameras and are looking to expand their photographic expertise and experience into landscape. Topics covered will include: defining and understanding landscape photography, camera settings for landscape photography; advice on shooting in the field; understanding light; composition; strategies for finding and making memorable landscape photographs. The course will include two field trips and critiques of participant photographs.

Pre-requisites and expectations of background knowledge:

It is expected that participants have a good understanding of how to use their camera and how to change the functional and background menu settings, so it is important that participants have a copy of their camera manual with them during the course.

If you are a beginner with a digital SLR or mirrorless camera, please consider doing the course Getting to Know Your Digital SLR or Mirrorless Camera first.

What you will need:

A camera with some level of manual control (i.e., the capability to override the fully automatic settings) is desirable so you can get the most from the technical aspects of the course. Most modern compact cameras, 'bridge' cameras, DSLR or mirrorless cameras would be suitable. However, a significant proportion of this course deals with aesthetics of landscape photography so almost any camera will do. A camera with interchangeable lenses or a built-in zoom lens would be desirable but is NOT mandatory. A tripod would be highly desirable but is NOT mandatory.

Please note: This course will discuss a range of gear and introduce some advanced techniques but participation in the course will not require specialised gear so participants are advised to NOT purchase gear they don't already own just to take this course. The tutor will provide advice on the appropriate gear that participants may wish to purchase in the future if they want to pursue an interest in landscape photography.

Time & Date **Thursdays 1pm from 20th May or**
Thursdays 6.30pm from 20th May

Fees 5x 2hr sessions (plus 2 x field trips) - \$151

Field trips: Saturday 29th May and Saturday 12th June – times and locations TBA during the course.

Tutor Ian Smissen

Health & Wellbeing...

Cheng Ming Tai Chi- Beginners

Enjoy the gentle movement of Tai Chi to improve your balance, flexibility and co-ordination, gradually stretching and opening all the joints, improving blood flow, and providing gentle massage to the internal organs. Remembering the Tai Chi pattern and learning to move your body in new ways creates subtle new challenges for your brain, keeping both your mind and your body active and learning. Any ages and fitness levels are welcome. Please wear loose, comfortable clothing and flat shoes. No prior experience needed.

Time & Date **Tue 1pm from 20th April**

Fees 10x 1hr sessions - **\$108**

Tutor Leanne Mumford

Tai Chi Continued

Continue learning the 108 form Cheng Ming Tai Chi pattern. Prerequisite: Cheng Ming Tai Chi term 1

Time & Date **Wed 6pm from 21st April**

Fees 10x 1hr sessions - **\$108**

Tutor Leanne Mumford

Mindful Meditation

Mindfulness simply means paying attention to the present moment. We live in busy times and our attention is often focused on many different things at once. This can make us feel stressed and exhausted. Take an hour out of your day and learn how to give your mind and body a rest.

Learning and practising mindfulness can help you to cope with everyday life and deal with tough times. It can also help you to concentrate, relax and be more productive.

Time & Date **Tues 11.30am from 20th April**

Fees 6x 1hr sessions - **\$2.50**

Tutor Rochelle Hadjiloukas



Fit Forever

This group fitness class encourages co-ordination, strength, balance and flexibility. It is a low-impact workout which uses a variety of styles and equipment. Bring along your water bottle.

Time & Date Tue 10.15am from 20th April

Fees Per week - \$8

Fitness Instructor Heather Peck

Fit Forever Circuit

This is an energetic blend of functional strength training, cardio, balance and flexibility. It is a low impact circuit based class. Bring along your water bottle.

Time & Date Thu 9am from 22nd April

Fees Per 1hr session - \$8

Fitness Instructor Heather Peck

Zumba®

Monday + Friday = ZUMBA® FITNESS

Finish up the work day and prepare yourself for some fun filled Zumba time! Dance and smile your way to fitness with this international exercise phenomenon. Party yourself into shape. The Latin-inspired, easy-to-follow, energy-burning, dance-fitness party is here. Feel the music and let loose! The fun begin....

Time & Date Mon 6pm from 19th April
Fri 9:30am from 23rd April

Fees Per 1hr session - \$13

Tutor Mariela Gonzalez

Yoga

Enjoy Yoga poses, stretching, breathing practices and relaxation for fitness and well-being. This class will help those people coping with stress, recovering from illness or improving their health. Please bring a mat and blanket or towel.

Time & Date Tue 6pm from 20th April

Fees 10x 1.5 hr sessions - \$135
Single session - \$15

Tutor Jannie Kemp



Depression and Anxiety Support Group

Help break down the barriers. Join this group which meets to support each other and offer friendship to those with mental health issues. The group meets weekly during the school term and is facilitated by a qualified Mental Health Practitioner.

Time & Date Thu 1pm from 22nd April

Fees Per week - \$2.50

Facilitator Sue Eddy



Cath Warren Wellness Coaching

Functional Strength Circuit Sessions

60 minutes of programmed and coached functional resistance and body weight movement patterns suitable for all fitness levels.

Build muscle, gain strength, improve your mindset and strive to be the best possible version of yourself in a social, supportive and fun training environment.

*Wednesdays @6am

*Saturdays @8am

\$15/casual session

or 10 pass = \$130

To book please call Cath on 0402320699

High Intensity Interval Training

45 minutes of body weight functional compound muscle movement patterns.

Improve cardiovascular health, burn fat, gain strength, improve movement functionally and enjoy the holistic benefits of HIIT training in a coach-led, motivating training environment.

*Tuesdays @6am

*Thursdays @6am

All CWWC training sessions are \$15/casual session
OR

10 sessions pass = \$130

To book please call Cath on 0402320699

Arts and Crafts...

Permission to Patch and Quilt

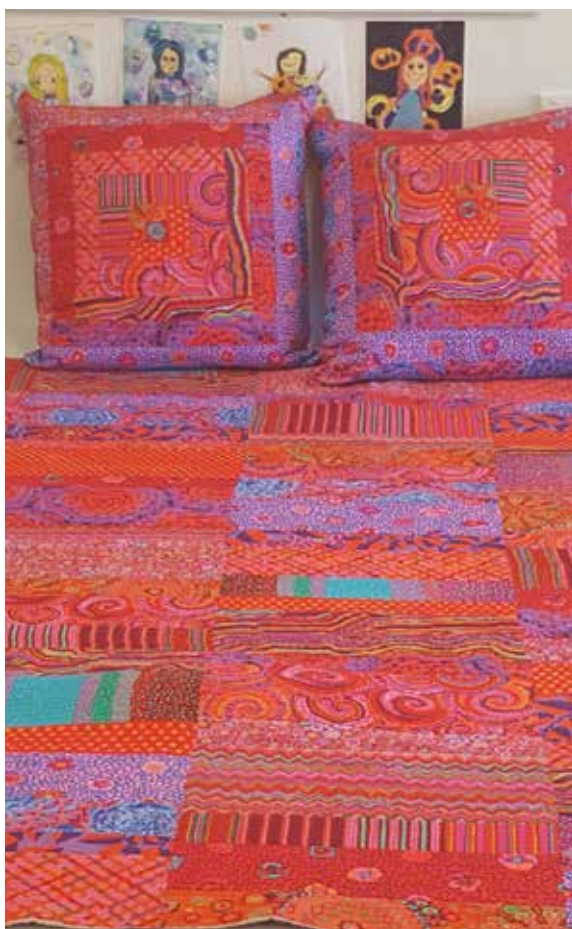
Join Jenni who has an infectious enthusiasm for patchwork and a desire to share the joy of quilting with others. In this workshop she will demonstrate how quickly and easily beautiful quilts can come together. She shares little tips and tricks to help simplify the patching process and encourages participants to play with colour and pattern. Most importantly Jenni gives participants permission to laugh, relax and enjoy the process of creating and she will not allow anyone to get bogged down with perfectionism. BYO sewing machine.

Time & Date Thur 10am from 6th May

Fees 6x 2hr sessions - \$130

Materials Kit available for \$70 (pay direct to tutor please) - or materials list available.

Tutor Jenni Farrar



Beginners drawing and painting classes

You don't need to be a highly skilled artist to use art to bring more joy, healing, stress relief or connection into our community. These classes will introduce you to mediums such as water colour, acrylic painting, pencil, pen and pastel drawing, pen and ink and mixed media and are designed to nurture your own ability no matter what level you are at, whilst connecting you with a group of like-minded interesting and fun creative people. This term we will be exploring watercolour and inks A materials list will be provided on enrolment.

Time & Date Mon 10am from 26th April

Fees 8x 2hr sessions - \$180

Materials list is provided on enrolment

Tutor Adie McDermott

Arts and Crafts...

Reclaim your creative self

This is an introduction to mixed media and art journaling for Adults. Creative and expressive as opposed to skills based- these classes are your invitation to have fun with art. Ignore perfectionism, ignore your feelings of not being good enough, ignore all the usual rules and create unique artworks with a group of other fun adults, who just like you, are returning to art making. Be gently guided by introductory exercises that explore mixed media techniques and mediums, and teach you how to create unique, layered mixed-media artworks. Take cues from the process, but carry each one in your own individual direction. Most importantly, learn how to let go have fun with your art!!! No experience is necessary for this class. People of all abilities and ages are welcome. A materials list will be provided.

Time & Date Fri 1pm from 30th April

Fees 8x 2hr sessions - \$180

Materials list is provided on enrolment

Tutor Adie McDermott



Children's art class

Young artists will experiment with a variety of new techniques and mediums such as drawing, painting, collage, stenciling, stamping and photography to construct a personal visual journal. A balance between direction and freedom, these classes are a rare opportunity for our children to express themselves creatively, become comfortable with their own abilities, skills and style and perhaps even develop valuable skills they need to feel comfortable to become more like their unique selves instead of always trying to be like everyone else. Mediums and themes change each term. A materials list will be provided on enrolment.

Time & Date Mondays 4pm from 26th April or Thursday 4pm from 29th April

Materials list is provided on enrolment

Fees 8x1.5 hour sessions - \$135

Tutor Adie McDermott

Arts and Crafts...

Drawing and Painting Classes

In our class we are continuously discovering new mediums and learning new professional drawing and painting techniques. We see developments in each other's work every single week. Class members enjoy hanging out within a group of like-minded creative people, whilst exploring mediums such as watercolour, acrylic painting, pencil, pen and pastel painting, pen and ink and mixed media. It is encouraged from the start that you learn to feel comfortable in your own individual artistic ability and that you allow yourself to be creative. Prior experience in drawing is an advantage in these classes, but not essential. This term we will be exploring watercolour and inks. A materials list will be provided on enrolment.

Time & Date Mondays 12.30pm from 26th April
Fees 8x 3hr sessions - \$270

Materials list is provided on enrolment
Tutor Adie McDermott



General Interest...

Basic Bicycle Maintenance

Intended for bicycle riders with limited repair experience, this course teaches fundamental methods for performing bicycle maintenance. It may begin as simply as the identification of bicycle parts and tools for working on them before moving into basic adjustments and maintenance. The basics include repairing gears and chains, changing flat tires and adjusting and replacing brake mechanisms. Other common tune-up procedures and emergency repair techniques are also covered. There will be some direct instruction, however this course will involve more hands-on practice with the bike. Students should bring their own bicycles to work on in class.

Time & Date Mon 6pm from 24th May

Fees 4x2 hour sessions - \$90

Tutor Ralph Wright



Genealogy

Genealogists have calculated that if you trace your family back for 10 generations starting with your parents, you will discover a total of 2,046 ancestors – all directly related to you!

Each of these people has their own story to tell about themselves and their families, as well as the times and places they lived in.

If you are interested in discovering the story of your family, the Genealogy class is able to help; whether you are just starting out or if you have been researching for some time.

Over six weeks, the course will provide you with the tools to trace your family history and information about where you can find out more about your ancestors. Genealogy is a fascinating activity which can be enjoyed by anyone. All you need is some time and a large dose of curiosity to find out more about your family.

Just think: who knows who is waiting to be discovered amongst your 2,046 ancestors?

Time & Date Wed 10am from 12th May

Fees 6x2 hour sessions - \$130

Tutor Mark Hoystead

Music...

Beginners Ukulele

Learn to play the ukulele in an informal and fun group. Initially you will learn how to tune, hold and strum your ukulele. New songs, strums and progressions will build on your skills each week as you gain confidence. We will focus on learning a basic set of chords to enable you to play a wide variety of songs by the end of this course. This class would suit those who have not played before or need a refresher.

Time & Date Wed 2pm from 28th April

Fees 8x 1hr sessions - \$108

Tutor Jenny Gore



Ongoing beginners Ukulele

This course is for those who have completed the beginners course, have a good knowledge of basic chords and are ready to further explore chords, melody and harmony on the ukulele.

Time & Date Wed 3.15pm from 28th April

Fees 8x 1hr sessions - \$108

Tutor Jenny Gore

Languages...

Beginners Auslan (Australian Sign Language)

In this class you will learn the basics to help you communicate with Deaf and Hearing Impaired people.

During these practical and fun classes you will learn how to fingerspell, develop a vocabulary of basic conversational signs, learn how to structure a sentence and more.

Time & Date Wednesdays 6pm from 5th May

Fees 8x 1hr 30min sessions - \$130

Tutor Tina Birch



Spanish For Beginners

This class is suitable for prospective travellers or those who would like to learn a new language for enjoyment and cultural insight. No prior knowledge required.

Time & Date Mon 6pm from 26th April

Fees 8 x 1.5 hr sessions - \$130

Tutor Maria Jose Sanmiguel

Intermediate Italian

These Intermediate Italian classes continue on from previous terms which students must have completed to join this class. Please ring to enquire if you have previous knowledge and would like to join the class.

Time & Date Tuesdays 7pm from 27th April or Wednesday 5pm from 28th April

Fees 8x1.5 hr session \$130

Tutor Maria Sestito



French For Travellers - Beginners

Are you looking at holidaying in France or would you just like to learn some French? Then this class is for you! It is the first class in a series of 'French for travellers' courses and will cover the very basics you will need to know: how to pronounce the French alphabet, how to count to 100, the gender of words and their definite/indefinite articles, negation, the use of 'tu' and 'vous', greetings, telling the time, courtesy phrases, how to ask questions and more... We will be focusing on very basic and essential grammar, as well as on pronunciation and basic must know phrases. The class will be run by a native Frenchman.

Time & Date Thur 6pm from 29th April

Fees 9x 1.5 hr sessions - \$145

Tutor Serge Botans



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